**TOOELE COUNTY SCHOOL DISTRICT**

**DEVELOPING LANGUAGE – Level 2**

**UNIT 6 OVERVIEW: Let’s Cook and Eat!**

What students will be able to do by the end of this unit?

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| **INTERPRETIVE** | **INTERPERSONAL** | **PRESENTATIONAL** |
| **Listening** | **Reading** | **Person-to-Person** | **Speaking** | **Writing** |
| * I can understand when someone describes to me what is in a meal.
* I can understand food advertisement.
* I can understand simple news stories about food and health.
* I can follow spoken directions on how to prepare a meal.
* I can follow along with simple arithmetic problems when I can see the figures.
 | * I can understand nutrition labels.
* I can understand flyers from a grocery store and food packages.
* I can understand an article about food and nutrition.
* I can understand and follow instructions for a recipe.
* I can identify healthy nutritional categories.
* I can choose a restaurant from an online list of local eateries.
* I can read a restaurant review to guide my choice.
 | * I can talk about ingredients in a dish.
* I can say whether something is healthy and unhealthy and why.
* I can talk about healthy food choices using healthy eating guidelines.
* I can talk to someone about my dietary needs.
* I can ask for and purchase ingredients.
* I can ask for kitchen items, eating utensils, and dishes.
* I can ask for, follow, and give instructions for preparing food.
 | * I can describe my eating habits, including traditional foods.
* I can express my dietary needs.
* I can give advice about healthy eating habits.
* I can present information on eating habits of people in other countries.
* I can give multi-step instructions for making a recipe.
 | * I can write a description of traditional and/or typical foods.
* I can describe my eating habits and dietary needs.
* I can write out a daily diet for a healthy lifestyle.
* I can write instructions for making a recipe.
* I can research and write about health issues important to teens (i.e. body sculpturing, weight control, complexion, fast food).
* I can create a magazine advertisement or digital presentation for food.
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Essential Unit Questions:

* Eat to live or live to eat, what is the difference?
* How does food preparation differ in other countries?

What will students know about by the end of this unit?

Vocabulary

**Meals-las comidas**

Soup-la sopa

Salad-la ensalada

Breakfast- el desayuno

Lunch-el almuerzo

Dinner-la cena

Snack-el bocadillo

**Fruit-la fruta**

Orange-la naranja

Apple-la manzana

Banana-el platano

Grape-la uva

Pineapple-la piña

Watermelon-la sandia

Peach-el durazno

Strawberry- la fresa

Lemon-el limón

Lime-la lima

Grapefruit- el pomelo

**Dairy-productos lácteos**

Milk- la leche

Yogurt- el yogur

Ice cream- el helado

Cheese- el queso

**Meat & Proteins- las carnes y proteinas**

Egg- el huevo

Steak- el bistek

Bean- el frijol

Chicken- el pollo

Turkey- el pavo

Bacon- el tocino

Sausage-la salchicha

Fish- el pescado

Seafood-los mariscos

**Vegetables-las verduras**

Garlic- el ajo

Onion- la cebolla

Carrot-la zanahoria

Peas- los guisantes

Tomato-el tomate

Corn-el maíz

Green beans-las judias verdes

Potato**-** la papa

Lettuce- la lechuga

**Fats-las grasas**

Oil-el aceite

Butter-la mantequilla

**Grains-los granos**

Cereal-el cereal

Pasta- la pasta

Noodles- los fideos

Rice-el arroz

Cracker-las galletas saladas

Bread- el pan

Pancakes- los panqueques

**Other**

Salt- la sal

Pepper- la pimienta

Sugar- el azúcar

Vinegar-el vinagre

Food- la comida

Cake-el pastel

Pie-la tarta

Cookie-la galleta

**To describe food:**

Sweet-dulce

Sour-agrio

Spicy-picante

Fresh-fresco

Fried-frito

Hot-caliente

Cold-frío

Healthy-saludable

Baked-horneado

Grilled-a la parrilla

Boiled- hervido

**To talk about quantities:**

Slice/piece-rebanado/pedazo

Cup-la taza

Tablespoon-cucharada

Teaspoon-cucharadita

Liter- litro

Package-el paquete

Can- una lata

Box- una caja/cajita

Kilo- un kilo

Pound- una libra

Dozen- una docena

Bottle- una botella

Jar- el taro

Container- el envase

**To talk about nutrition:**

Daily- diario

Serving- la porción

Ingredient- el ingrediente

Good/bad for your health- Bueno/malo para la salud

Should- deber

Nutrition facts- tabla nutricional

Calories- las calorías

Fat- la grasa

Cholesterol-el colesterol

Carbohydrates- Carbohidratos

Vitamin- vitamina

Allergic/food allergies- la alergia a

Diet- la dieta

Grammar/Structures

* Give advice.
* Write compound complex sentences or short paragraphs using connector words.
* Express opinions.
* Give and follow directions.

Culture, Communication and Connections:

* I can use healthy eating guidelines from different countries to describe eating habits. (Connections)
* I can describe traditional meals from different countries. (i.e. French cheeses, ratatouille, gazpacho, paella, flan, etc.)
* I can compare the preparation time and ingredients for a typical meal/dish in the target cultures with that of the U.S. (Comparisons)
* I can apply the metric system to calculate quantities in food preparation. (Connections)